

SPA 511

PAUSE



SPA 511

BALANCE AMONG THE ROCKS

Here, high above everyday life, nature works as a filter:
it cleanses, calms, and restores balance. Rock, water,
and the surrounding landscape become the foundation
of renewal.

This is not a place to escape from the world — it is a
place to reconnect with yourself and regain balance.

Our rituals and treatments help restore peace, energy,
and harmony with your natural rhythm.

THIS TIME IS FOR YOU

511 SIGNATURE THERAPIES

Holistic rituals for body, face, and senses. Designed to release tension and bring deep relaxation.

RELAX 120 MIN

MASSAGE PRESSURE : GENTLE TOUCH

AROMAS : HO WOOD | PINK PEPPER | CYPRESS

A stress-relieving ritual designed to restore inner balance. The experience begins with an aromatic inhalation, followed by a relaxing full-body massage. A mud mask for the hands and feet and a rejuvenating facial treatment help revive the skin's natural radiance. The ritual concludes with a soothing head massage.

640 PLN

SLEEP 120 MIN

MASSAGE PRESSURE : GENTLE TOUCH

AROMAS : SANDALWOOD | CHAMOMILE

An evening ritual created to calm the mind and prepare the body for restful sleep. A relaxing massage using a blend of soothing essential oils releases tension and promotes deep relaxation. The treatment is complemented by an aromatic inhalation and a calming face and scalp massage.

640 PLN

BALANCE 120 MIN

MASSAGE PRESSURE : LIGHT TOUCH

AROMAS : AMARANTH | CEDAR | VANILLA

A holistic ritual combining body and facial care. An Ofuro experience with body exfoliation, a warm aromatic oil bath, and a relaxing body massage smooth and regenerate the skin. A signature facial treatment with massage deeply nourishes the complexion and supports healthy-looking skin.

640 PLN

ENERGY 120 MIN

MASSAGE PRESSURE : DEEP PRESSURE

AROMAS : BITTER ORANGE | LEMON

A revitalising ritual designed to restore energy balance. A combination of body exfoliation, warm Himalayan salt stone massage, and a partial classic massage warms the muscles, improves circulation, and supports the body's natural detoxification process. The treatment is completed with our signature facial massage to nourish and refresh the skin.

640 PLN

511 SIGNATURE RITUALS

Sensory treatments inspired by nature and aromatherapy.
Warmth, fragrance and touch — for your skin and your senses.

HERB GARDEN 90 MIN

MASSAGE PRESSURE : LIGHT TOUCH

AROMAS : BERGAMOT | PATCHOULI | YLANG YLANG

A mineral body scrub followed by an aromatherapy massage that stimulates circulation and restores vitality. Finished with a nourishing body balm to hydrate and firm the skin.

500 PLN

MEADOW 90 MIN

MASSAGE PRESSURE : LIGHT TOUCH

AROMAS : DAMASK ROSE | GERANIUM | VANILLA

A soothing ritual focused on hydration and relaxation. A gentle exfoliation followed by a full body and scalp massage leaves both body and mind deeply relaxed.

500 PLN

VINEYARD

90 MIN

MASSAGE PRESSURE : MEDIUM PRESSURE

AROMAS : GRAPE | CEDAR | SAGE

A treatment inspired by grapes and natural fruit extracts. A body scrub, a relaxing bath, and a massage of your chosen body area restore lightness while leaving the skin soft and silky.

500 PLN

ROCK

120 MIN

MASSAGE PRESSURE : DEEP PRESSURE

AROMAS : NEROLI | CITRUS FRUITS

A nourishing and strengthening ritual that restores skin firmness. Combines a volcanic body scrub, mineral body mask, and classic massage. The experience is completed with a relaxing scalp massage and aromatic inhalation.

590 PLN

511 MESSAGES

Touch that releases tension and supports the body's natural regeneration. A selection of classic and signature massage techniques.

BODY MESSAGES

511 SIGNATURE BODY MESSAGE

50 MIN

MESSAGE PRESSURE : MEDIUM PRESSURE

A signature massage combining a variety of massage techniques. Performed with nourishing shea butter, it calms the body while promoting deep relaxation and regeneration.

390 PLN

TENSION RELIEF MESSAGE

50 MIN

MESSAGE PRESSURE : DEEP PRESSURE

A restorative massage for tight and overworked muscles. Nourishing massage oil combined with a tension-relieving gel helps release muscular stress and restore comfort.

370 PLN

CLASSIC MASSAGE

50 MIN

MASSAGE PRESSURE : DEEP PRESSURE

Designed to improve circulation and release muscular tension.
An excellent choice for guests seeking deep physical regeneration.

380 PLN

AROMATIC CANDLE MASSAGE

50 MIN

MASSAGE PRESSURE : MEDIUM PRESSURE

A nourishing massage performed with warm aromatic candle
wax made from natural beeswax and shea butter.

380 PLN

HOT BASALT STONE MASSAGE

50 MIN

MASSAGE PRESSURE : LIGHT TOUCH

A deeply warming massage using volcanic basalt stones rich in iron
and magnesium to relieve muscle tension and promote profound
relaxation.

390 PLN

RELAXATION MASSAGE

50 MIN

MASSAGE PRESSURE : LIGHT TOUCH

A calming massage using gentle techniques that soothe
the body and mind while encouraging deep relaxation.

360 PLN

FACIAL MASSAGES

KOBIDO FACIAL MASSAGE 60 MIN

A traditional Japanese facial and neck lifting massage combining acupressure, lymphatic drainage and lifting techniques. Improves circulation, firms the skin and restores a youthful glow.

420 PLN

RADIANCE FACIAL MASSAGE 30 MIN

A nourishing facial massage that stimulates circulation and supports lymphatic drainage. Leaves the skin refreshed, radiant and revitalised.

280 PLN

TARGETED MESSAGES

TARGETED MASSAGE*

20 MIN

Choose one area:

- Scalp, with or without hair oil treatment
- Feet, with reflexology elements
- Back and neck

180 PLN

AS AN ADD-ON TO ANOTHER MASSAGE:

15 MIN

150 PLN

Available only as an enhancement to another massage treatment.

BODY TREATMENT ENHANCEMENTS

REMINERALISING & REGENERATING PEAT SALT BATH

30 MIN

180 PLN

AS AN ADD-ON 150 PLN

SUGAR & SHEA BUTTER BODY SCRUB

30 MIN

180 PLN

AS AN ADD-ON 150 PLN

NOURISHING BODY MASK

30 MIN

180 PLN

AS AN ADD-ON 150 PLN

FACIAL TREATMENTS

Where nature meets advanced skincare technology.

BOTANICAL COSMETOLOGY BY COMFORT ZONE

SUBLIME SKIN

60 MIN

An advanced lifting facial that improves skin elasticity and firmness. Redefines facial contours while restoring radiance and a youthful appearance.

450 PLN

HYDRAMEMORY

60 MIN

SUMMER VERSION | WINTER MASSAGE VERSION

An intensive hydrating facial with hyaluronic acid and botanical extracts. Restores comfort, softness and long-lasting hydration, leaving the skin fresh and radiant.

440 PLN

LUMINANT

50 MIN

A brightening treatment for skin affected by pigmentation or loss of radiance. A chemical peel combined with a two-phase mask evens out skin tone and restores a healthy glow.

390 PLN

REJUVENATING EYE TREATMENT*

20 MIN

*A treatment available only as an add-on to a facial.

120 PLN

ANTI-AGING PREMIUM + 80 MIN

A luxurious lifting and hydrating facial ideal before special occasions. The combination of two advanced masks intensely firms the skin and smooths the appearance of fine lines and wrinkles.

620 PLN

ANTI-AGING PREMIUM 70 MIN

A firming facial enriched with Vitamins C & E and colostrum to strengthen the skin's natural defence. Improves skin tone and helps reduce visible signs of ageing.

560 PLN

RADIANCE PREMIUM 70 MIN

A revitalising facial with retinol and lactic acid that brightens and smooths the skin. Helps regulate sebum production, reduces pigmentation and supports collagen synthesis.

470 PLN

MOISTURE PREMIUM

70 MIN

An intensive hydrating treatment with lactic acid and calendula extract. Restores the skin's hydrolipid barrier, smooths the complexion and improves elasticity.

520 PLN

CLARITY PREMIUM

60 MIN

A purifying and detoxifying facial with kaolin clay and an algae mask. Helps soothe inflammation, revitalises the skin and restores a healthy, balanced complexion.

420 PLN

ADVANCED FACIAL TECHNOLOGIES

OXYGENEO

REJUVENATING | BRIGHTENING | HYDRATING |
DETOXIFYING | PURIFYING

WITH MASK	55 MIN	450 PLN
WITHOUT MASK	30 MIN	350 PLN

LPG ENDERMOLOGIE 40 MIN

Vacuum-assisted massage performed using the LPG Alliance system. Helps contour the body, reduce the appearance of cellulite and improve overall skin condition.

SINGLE TREATMENT	150 PLN
PACKAGE OF 10 TREATMENTS	1400 PLN

LPG FACIAL ENDERMOLOGIE 20 MIN

SINGLE TREATMENT	120 PLN
PACKAGE OF 10 TREATMENTS	1000 PLN

511 FOR...

Time that can be gifted — to yourself or someone special. Curated experiences combining massage, skincare and relaxation in our wellness area.

511 FOR HIM

120 MIN

INCLUDES 511 KOMBUCHA OR A GLASS OF WINE | WELLNESS AREA ACCESS

A classic full-body massage combined with a nourishing facial treatment.

650 PLN

511 FOR HER

120 MIN

INCLUDES 511 KOMBUCHA OR A GLASS OF WINE | WELLNESS AREA ACCESS

A body scrub followed by a nourishing body mask or a relaxing bath, completed with a massage using natural oils.

650 PLN

511 FOR TWO

120 MIN

INCLUDES 511 KOMBUCHA OR A GLASS OF WINE | WELLNESS AREA ACCESS

A body scrub combined with an aromatic candle massage, enhanced with either a relaxing bath or a hydrating body mask.

1300 PLN | PER COUPLE

511 FOR MOTHERS

120 MIN

Designed for mothers seeking relaxation and renewed energy. A gentle body massage that hydrates and improves skin elasticity, preceded by a body scrub and nourishing mask, and complemented by a restorative facial treatment.

650 PLN

*Treatments for pregnant women are available exclusively during the second trimester of pregnancy.

SPA ETIQUETTE

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1. Please arrive wearing the bathrobe provided in your hotel room.
 2. Completion of a health questionnaire is required prior to every treatment.
 3. Kindly arrive at the SPA Reception at least 10 minutes before your scheduled appointment.
 4. Treatment duration includes your entire time spent in the treatment room, from arrival to departure.
 5. Should you wish to cancel your appointment, please notify us at least 12 hours in advance.
 6. Cancellations made less than 12 hours before the appointment will incur a charge of 50% of the treatment value.
 7. Smoking is strictly prohibited throughout the SPA area.
 8. Please leave jewellery and mobile phones in your room. SPA 511 accepts no responsibility for valuables left within the SPA.
 9. Therapists reserve the right to refuse treatment if any contraindications are identified.
 10. We reserve the right to discontinue a treatment in the event of inappropriate guest behaviour, including aggression or inappropriate propositions.
 11. The full SPA Regulations are available at the SPA 511 Reception.
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SPA 511 OPENING HOURS

MONDAY – FRIDAY | 10:00 AM – 8:00 PM

SATURDAY | 10:00 AM – 9:00 PM

SUNDAY | 10:00 AM – 8:00 PM

GIFT VOUCHERS

Choose an amount or a treatment from our offer and give a gift to someone close to you. Ask at the SPA 511 reception for details.

HOME CARE

Extend the benefits of your SPA experience with our selection of professional skincare products. For more information, please contact the SPA 511 Reception.

